



## Martins Heron nursery routine

(Flexible guide to our day, adaptable to the children and spontaneous activities)

9.30-9.45	Arrival/Self registration and settling in
9.45-10.00	Family time/small group time
10.00-10.30	Rolling snack
10.00-11.40	Free- play/adult planned activities/focus child activities. (Free flow outside weather depending)
11.40-11.50	Tidy up indoors/ prepare for outdoor play
11.50-12.20	Outdoor play
12.20-12.30	Singing/get ready for home or lunch club
12.30-13.00	Lunch club/ home time
13.00-14.10	Free- play/adult planned activities/focus child activities. (Free flow outside weather depending)
14.10-14.20	Tidy up indoors/prepare for outdoor play
14.20- 14.50	Outdoor play
14.50-15.00	Afternoon snack
15.00-15.20	Singing/ story time
15.20-15.30	Prepare for home time